

Healing History

A shared experience toward common ground.

The Alabama Humanities Alliance's Healing History initiative is designed to strengthen our communities, relationships, and state by **bringing Alabamians together** — across race, religion, political affiliation, and all those frequent dividing lines that shouldn't keep us apart. We aim to **build trust, foster empathy, and grow community** through mutually respectful discussions about our shared past, present, and future.

WAYS TO ENGAGE

Past Forward – A two-hour introductory experience that takes participants on a specific walk through history – to learn how our past can still affect our present.

Rx Healing Circles – Half- or whole-day sessions that allow participants more time to connect, share, and learn from one another in facilitated conversations.

Healing History Cohort – Six-month, eight-session commitment that permits participants to know one another more deeply through conversations about their own lives.

JOIN US

Step forward and participate

Go through our introductory Past Forward experience and learn how the past impacts our present. Then, dig deeper with Healing Circles that allow participants more time to share stories, connect, and learn from one another.



Donate to Healing History

Your support ensures that we reach communities and organizations across Alabama who would benefit from this work. Thank you for helping us bring Alabamians together to listen, learn, grow, and heal. Together.



HEALING CIRCLES SPOTLIGHT



AHA's Healing Circles offer half-day, whole-day or longer, cohort-style opportunities for Alabamians to come together. The idea is to consider the past as context for our relationships today – and to connect, share, learn, and be curious across differences.

The first Healing Circles cohort launched in 2024, thanks to support from the Community Foundation of Greater Birmingham. "Just by sharing and listening," says Healing History coordinator Kathy Boswell, "individuals are moving past assumptions and hearing the truth about one another. People are seeing each other differently."

Use the QR code at right to learn more about our Healing Circles cohort, through the short film, *The Courage to Listen*.



PARTNER WITH US

If you'd like to partner with us, contact: 205.558.3992 or landerson@alabamahumanities.org. Thank you to our founding partners, Bread for the World, the Community Foundation of Greater Birmingham, The Wallace Center for Arts & Reconciliation, National Endowment for the Humanities, Regions Bank, and the State of Alabama.

Founded in 1974, the nonprofit Alabama Humanities Alliance serves as a state affiliate of the National Endowment for the Humanities. Through our grants and public programming, we connect Alabamians to impactful storytelling, lifelong learning, and civic engagement. We believe the humanities can bring our communities together and help us all see each other as fully human. [Learn more at alabamahumanities.org](https://alabamahumanities.org).

